

lachelé

AESTHETICS & WELLNESS

Halo Pre Treatment Instructions

- The Halo Pro is delivered through a focused scanning device that precisely removes channels of tissue by vaporizing (*heating to high temperature*) the water within the tissue. The device has the ability to create micro channels while leaving the area around the channels intact, and creates microscopic columns of wounded tissue that stimulate new collagen.
- Laser treatment procedures may produce patterns visible on the skin. This event usually fades while in the healing phase.
- A topical anesthetic (*Lidocaine/Tetracaine*) is used to lessen the sensation of the laser as it interacts with the skin. The sensation, while being treated, may feel like pin pricks, bursts of heat, or similar to a sunburn. There are known severe allergic reactions to ingredients in topical anesthetics. **Please alert your provider before your treatment if you have any allergies to topical anesthetics.**
- Please arrive to treatment with a **clean face, free of makeup and products**. Also, **remove all jewelry or piercings**.
- No Accutane (*Isotretinoin*) within the last year.
- Please **avoid any sun exposure for at least 2 weeks prior** to your treatment. **Do not use self tanners during this time, including spray tans, tanning lotions, tanning beds**, or other artificial tanning methods. Natural or artificial tans can affect your results after treatment or cause burns and or scarring.
- Please have your hair tied back if possible. Photos will be taken before the treatment starts.
- If treated neck and below, please arrive in loose fitting clothing. You will most likely change into one of our strapless wraps before photos.
- Please **STOP** the following cosmetic products **72 hours before treatment: Retin-A, Tretinoin, Benzoyl Peroxide, Glycolic Acid, Salicylic Acid, Hydroquinone or any retinol product.**
- Skin care or treatment programs may be used before and after laser skin treatments in order to enhance the results. We recommend starting a topical such as **Alastin Skin Nectar or Plated** 3 days before the treatment, and following the treatment per provider recommendations. You can find this for sale in our offices.
- **If you are prone to cold sores** (*Herpes Simplex A*), please notify one of our providers, as heat can act as a trigger and cause a flare up. Prophylactic antiviral medications can be prescribed for you.
- **Avoid taking anticoagulants (blood thinners) for 5-7 days prior** to treatment, if medical condition allows. Avoid herbal teas and supplements such as **fish oil, vitamin E, and multivitamins**. Also **avoid the use of NSAIDs such as Motrin, Advil, Aleve and Ibuprofen**.

(Flip page to continue)